

# Pāruru`ia koe e to `ou kopu-tangata mei te **COVID-19**

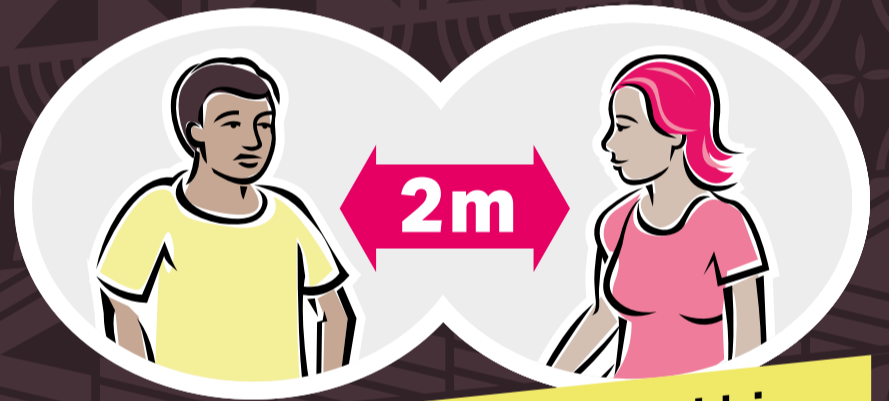


Mare atu me kore ra  
mareti`a atu ki roto i  
to`ou po`o rima me  
kore ra tapoki`ia to`ou  
va`a e to`ou putāngi`u  
ki te `ōrei-pēpa.



`ōrei putuputu`ia  
to`ou rima ki te  
pu`a e te vai no  
tēta`i 20 tēkona.

Me te `āpikēpikē  
maki ra koe, no`o  
ki te kainga.



Kape`ia te `āravei`anga piri ki  
tēta`i`ua atu – mou rima, takave,  
kai`ōro`a, kava e tēta`i atu au  
`ākono`anga maori.

Rave`ia te `ākono`anga ma ei paruru ia ratou e no`o `āpikēpikē nei i roto i to tatou`oire.

Me kua teretere akenei koe me kore ra`i`āravei ana koe`i  
tēta`i`ua atu kua tu`ia e te COVID-19?

Taniuniu atu i te Healthline **0800 358 5453** me  
kore ra i to`ou taote no tēta`i ua atu`akairo-maki  
maremare, pīva me kore ra te potopoto`anga a`o.

