



20 August 2021

Dear Parent, Caregiver, Staff Member

An update for Northcote College – day 5 tests

This letter is to update you with some information about testing for Northcote College staff and students.

It is important that everyone at the school is in self-isolation and is tested at least twice, around now and on day 12, towards the end of the isolation period.

Some people have managed to be tested ‘immediately’ as requested, but they will need another test on Monday 23 August, and on day 12 (see below for this date).

For those who have not been able to get tested because of long queues and wait times at testing centres, they will need to get tested today or over the weekend, and this will be counted as their day 5 test.

When this test result comes back negative, then the members of your household no longer need to stay at home.

We realise that testing has been difficult, and we thank you for your patience and understanding.

Even if students or staff members have received a negative day 5 test result, they need to have another test on day 12, and stay in self-isolation until the date below.

If your test is positive, public health will be in contact. Please remain in isolation along with your household.

Northcote College	
COVID-19 test (5-day test) - If already had a test	Test on 23 August
COVID-19 test (5-day test) - If have not had a test	Any time this weekend
COVID-19 test (12-day test)	29 August
End of isolation	31 August

This is the latest advice for the Northcote College community.

Find your nearest testing centre [here](#). Please quote the code SURV-TM18CC

Information for household members of close contacts

Household members of close contacts must stay at home until the student or staff member has returned a negative day 5 test result, from a test taken on Saturday or Sunday. Household members need to wait for the result before they can return to normal life.

COVID-19 information is available in 26 languages on the Auckland Regional Public Health website under **Factsheets & Translations**. Or use this link <https://www.arphs.health.nz/public-health-topics/covid-19/covid-19-information-for-our-communities/>

Everyone in the school community is also asked to watch for symptoms of COVID-19. These can include one or more of the following:

- sneezing and runny nose
- a new or worsening cough
- sore throat
- a fever of at least 38°C
- shortness of breath
- temporary loss of smell or altered sense of taste
- diarrhoea
- headache
- muscle pain or body aches
- nausea and vomiting.

Please get tested and call Healthline: 0800 358 5453 (a free, 24/7 service with interpreters available) if you have any symptoms.

More information for close contacts is at www.arphs.health.nz or www.covid19.govt.nz.

Thank you for your support.

Yours sincerely

Medical Officer of Health

Auckland Regional Public Health Service