

# PIRI PO'ITIRERE

Ko te aronga PIRI PO'ITIRERE, te aronga no ko ana i te ngā'ī, i aere'ia ana (Te Ngā'ī ua atu e Tāmanako'ia nei) i te tuātau tikāi no reira ana tetai tei runga iāia te maki COVID-19.

**Ko te au Piri Po'itirere te aronga e 'irinaki'ia nei e kare pa'a e tū'ia i te COVID-19.** Tei runga te a 'akakitekite'anga e te arataki'anga no te Piri Po'itirere i te kupenga uira, a te Marae Ora, e ka tukuna'ia pa'a ki runga i te 'ātuitui karere, me kore ra, i te au 'akamatakite'anga NZ COVID Tracer App.

## No'o ki te kainga e te vāito'ia'anga?

*Kare e tutaki i te au vāito'anga*

### KARE

**Māri ra me tū'ia koe i te au 'akairo-maki.**

Me tū'ia koe i te au 'akairo-maki, tāniuniu'ia te Healthline, vāito'ia ma te no'o ki te kainga:

- Kia tae rava atu te 'akakite e, kare koe i tū'ia, e
- No tetai 24 ora i te meitaki'anga to'ou au 'akairo-maki.
- No'o 'akatakake mei tetai atu i roto i to'ou ngutu'are, me ka rauka iākoe.

No te 'akakitekite'anga no runga i te ngā'ī vāito'anga, tāniuniu'ia te Healthline (**0800 358 5453**) me kore ra, 'ākara'ia [healthpoint.co.nz/covid-19/](https://healthpoint.co.nz/covid-19/)

E turu tetai i te tutaki no te aronga tei anoano'ia kia no'o ki te kainga, no te COVID-19.

**Kare i tū'ia:** Kare koe i tū'ia i te COVID-19

**'Āe kua tū'ia:** Kua tū'ia koe i te COVID-19

(ka tāniuniu atu te Public Health iākoe)

## Matakite i te au 'akairo-maki?

### 'ĀE

No tetai 14 rā i muri ake i to'ou piri'anga vaitata ki te tangata tei tū'ia e te COVID-19.

Tei roto i te au 'akairo-maki COVID-19, e tai, me kore ra, tetai atu o teia au 'ākara'anga e āru mai nei: *Mare 'ōu, me kore ra, e mare te kino atu ra, pīva, potopoto te 'akaea, mamae karaponga, ūpe ta'eta'e, te ngaro i te 'ongi i te 'aunga/tongi no tetai tuātau poto.*

Ka tū'ia pa'a tetai pae i te: *'Eke, ānīni mimiti, mamae uaua, 'akaruaki, neneva te manako, riri, riri.*

**Me tū'ia koe i te au 'akairo-maki:**

- No'o ki te kainga
- Tāniuniu'ia te Healthline (**0800 358 5453**)
- Aere vāito'ia.

## Ka 'akape'ea te aronga e no'o ana ki roto i to'ou ngutu'are?

### KARE

**Māri ra me tū'ia ratou i te au 'akairo-maki**

Ka anoano'ia tetai ua atu tei tū'ia i te au 'akairo-maki kia tāniuniu atu i te Healthline, kia vāito'ia ma no'o ki te kainga e:

- Kua tae atu te 'akakite e, kare ratou i tū'ia, e
- No tetai 24 ora i te meitaki'anga to ratou au 'akairo-maki.

Kia no'o 'akatakake te tangata tei tū'ia i te au 'akairo-maki, mei ko i tetai atu i roto i te ngutu'are, me ka rauka.

**No'o ki te kainga kia tae rava atu te 'akakite e, kare koe i tū'ia. No'o ki te kainga, me tū'ia koe i te au 'akairo-maki. No'o ki te kainga, kia meitaki rava koe.**

Tāniuniu'ia te Healthline me e au 'akairo-maki to'ou, me kore ra, te anoano arataki'anga ra koe: Tāniuniu'ia te numero **0800 358 5453**. Me te ngatā ra te 'akaea, tāniuniu'ia tetai ambulance: Tāniuniu'ia te numero **111**.