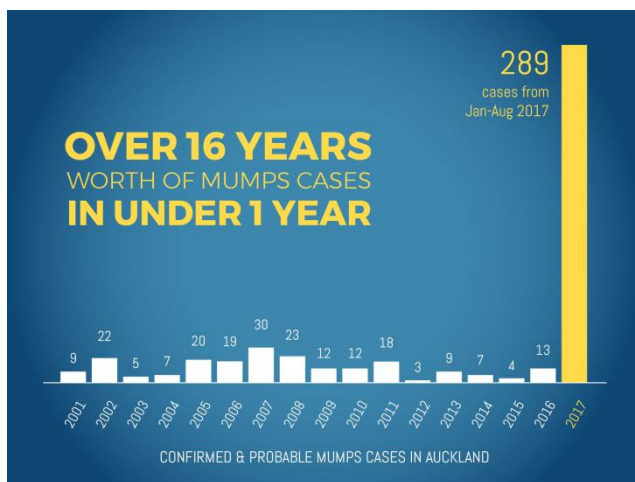


31 August 2017

Auckland Mumps Outbreak 2017 Update

- Half of the mumps outbreak cases over the past two months are Counties Manukau Health residents.
- Vaccinate against mumps at every opportunity and recall patients who require MMR vaccine catch-up.
- Fever is no longer a requirement to meet the clinical criteria for mumps.
- Fax mumps notification forms to ARPHS – (09) 630 7431.
- Information for you and your patients is on the [ARPHS website](#)

Halting mumps needs urgent MMR recalls



- Nearly 300 cases have been confirmed in Auckland this year.
- New cases mostly live in South Auckland
- 75% of cases not fully vaccinated (2 doses of MMR), almost half are aged 10 to 19 years.
- 40 plus schools dealing with cases – mostly intermediate and secondary.
- Majority locally acquired, but cases coming in from the Pacific – most recently from Tonga.

Promoting MMR vaccination

The most effective way to stop this mumps outbreak is to achieve high levels of MMR vaccination in the population.

- We need MMR vaccination catch-up as Auckland’s teenagers and young adults generally have low MMR rates (for those aged 2 to 12 years – MMR coverage is about 80 percent).
- Take every opportunity to promote MMR vaccination to parents and young people.

Managing mumps cases - Update from the June HPA

Fever is no longer required to meet the case definition for mumps.

Mumps is now defined as – “**Unilateral or bilateral tender, swelling of the parotid (parotitis) or other salivary gland (face, cheek, or jaw), lasting more than two days, AND without other apparent cause.**”

Notify mumps on suspicion – call 623 4600 or fax [mumps notification form](#) .

Note, unvaccinated mumps cases should have the MMR vaccine at least a month after recovery, followed by the second MMR dose a month later. We need to protect patients against measles and rubella as well.

ARPHS is promoting MMR vaccination through traditional and social media, and in schools and Pacific communities.

See <http://www.arphs.govt.nz/managing-the-mumps-outbreak> for information on mumps.